

NEW REGULATIONS

1. THERE IS NO WAITING PERIOD FOR PEOPLE RECEIVING TATTOOS OR BODY PEIRINGS IF THE TATTOO OR PEIRING WAS APPLIED IN SD, IA, OR NE.

2.16 YEAR OLDS MAY DONATING BLOOD WITH A SIGNED PARENT CONSENT FORM FOUND AT WWW.CBBLIFEBLOOD.ORG FOR FURTHER QUESTIONS PLEASE CALL 1-877-877-3070

COMMUNITY BLOOD BANK



Community Blood Bank, PO Box 1343, Sioux Falls, SD 57101
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SPRING

NEWSLETTER

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Multiple Businesses Make Donation Milestones

An organization is only as great as the people that are within it. "Great" describes the organizations that are celebrating their blood donation milestones. Committed to ensuring that blood is available for the patients that are in need. People going through surgery, cancer treatment, trauma or burns. The organizations celebrating their milestone include:

- 3M Company—3000th donation
- O’Gorman High School-2000th donation
- VA Medical Center- 4000th donation
- Citibank—7000th Donation
- Premier Bankcard—2000th donation

- Sioux Falls City Hall—3000th donation
- SDSU Nursing Student Association-2000th donation
- Sanford Sheldon Medical Center—1000th donation



we didn't have these organizations as partners," states Ken Versteeg, Executive Director, Community Blood Bank. "There is a commitment like no other. These are volunteers giving of themselves to help save a life. Together, these organization have contributed over 21,000 units of blood and saved over 60,000 lives since 1991.

It is only through these groups, businesses and many more that make up the yearly blood supply for our communities. Last year (2009) our 29 local hospitals needed 27,000 units of blood. Your help and support of your local hospital saved lives.

"I hate to think how we could meet the needs of our patients if

Testing the Facts

A person can donate every _____?

- A) 72 days
- B) once a quarter
- C) 56 days

Every year nearly _____ people in the U.S. receive blood transfusions.

- A) 2 million
- B) 5 million
- C) 10 million

Every donation is tested for all listed except....

- A) HIV
- B) Hepatitis A,B,C
- C) Good Humor

The number one reason why people don't donate blood is?

- A) They have never been asked.
- B) They are afraid of the needle.
- C) They are worried about eating too many cookies after the donation.

Preparing For Your Spring Blood Donation

Spring is a very exciting time for Community Blood Bank and many first time blood donors. Statistically speaking, many blood banks see an increase in first-time blood donors during the spring.

There are many reasons that spring brings new blood donors to our blood drives. The first and main reason is the increased frequency of high school and college drives. Spring potentially is the last opportunity students have to donate the gift of life before heading into a busy summer. The second reason is the

influence of the season of spring, with new growth, and new opportunities to volunteer. People try more new things in the spring than any other time during the year. If you are organizing a blood drive this is a perfect time to ask people that have never donated before if they would be willing to give patients' life by donating blood.

When a person donates blood for the very first time they could become a life long blood donor. It is important to remind them that they should eat prior to donating. A good meal and

drinking plenty of water 1-3 hours before their blood donation will ensure that their blood donation will go as smooth as possible. The donor will need to show a form of I.D. at the donor registration table and provide information about any medications they may be on as well as travel occurring outside the U.S. in the last three years.

For additional ideas to encourage new donors to sign-up at your blood drive log onto www.cbblifeblood.org.